

Fruits of the Spirit(Meekness)

The message of the world teaches that only the strong survive. As children we were taught to fight or defend ourselves and never get pushed around. They used sayings such as: “stand up for yourself“, “be a man“, “are you a man or a mouse?”. But God teaches and speaks differently. He doesn’t teach us to hate, but to show love. He doesn’t teach us to carry a grudge, but he teaches forgiveness. This lesson will focus on *meekness*, one of the fruits of the spirit (Gal. 5:23). The **greek** word for meek is **praos**, which means mild, gentle, and soft. A meek person is gentle, tenderhearted, patient, and submissive.

I. Ingredients of Meekness..... “beseech you by the meekness and gentleness of Christ” (II Cor. 10:1)

- We can’t bake cakes without the proper ingredients. You must have sugar, flour, eggs, and extract. An so it is with meekness, Christ must be there.
- We must act and walk like Christ, in other words be like Christ “let this mind be in you that was also in Christ Jesus” (Phil. 2:5)
- Meekness is Christ like attitude.

II. The Standard of Meekness.... “I beseech you that ye walk worthy of the vocation to which ye are called, with all lowliness and meekness” (Eph. 4:1-2)

- There are times in our lives when our walk does not measure up to our talk.
- Christ is our standard, he is the one that we should look to in this Christian journey.
- We should be clothed in righteous at all times. “An speak evil of no man, to be no brawlers, but gentle, showing all meekness unto all men” (Titus 3:2)

III. Results of Meekness... “Blessed are the meek for they shall inherit the earth” (Matt. 5:5)

- Christ said that the meek are blessed(happy). There happiness was not a result of their possessions but of there meekness.
- Greek word for inherit is **kleronomeo** which means to receive an allotted portion. The earth is the allotted portion for the meek.
- A day is coming when the Lord will take the earth from the wicked and give it to us. “Evildoers shall be cut off, but those who wait upon the Lord shall inherit the earth” (Ps. 37:9-11).

Meekness is power under control