

Fruits of the Spirit(Peace)

Fruits are normally our main supplier of vitamin “C” for our bodies. During the 19th century sailors would sail all over the world picking up and dropping off supplies. But every now and then they would contract scurvy. This is a disease that is the result of vitamin “C” deficiency. An this would weaken your body leaving you helpless and sometimes even to a point of death. But if the sailors could change their diet and eat some fruit their vitamin “C” intake would increase and their bodies would strengthen.

The Christian realm is just like this. In our sailings from day to day we sometimes find ourselves in a weaken state, because we have not produced any spiritual fruits. We can’t move around or do any work on the old Ship of Zion, because we have vitamin “C”(Christianity) deficiency. Let’s examine one of the fruits of the spirit in this lesson, and that fruit is *Peace* (Gal. 5:22-23).

I. Peace Comforts “I will both lay me down in peace” (Ps 4:8)

- There is no need of sleeping pills
- He that keepeth Israel neither slumbers nor sleeps(Ps 121:3)
- The Lord sustains me and keeps me in perfect peace

II. Peace Governs “Peace of God rule in your heart”(Col. 3:15)

- Let the peace of God control you
- From the heart flows the issues of life (Matt. 15:18)
- Peace is an inside job- whatever is in you will come out

III. Peace is Unsurpassed “And the peace of God, which passeth all understanding” (Phil. 4:7)

- The world don’t understand what makes us tick- we are peculiar people
- Money could be funny- but we still have peace
- Friends could be few- but we still have peace
- Peace of God gives us that reassurance Jesus said I will be with you always unto the end of the world (Matt. 28:20)